

BETTER BURGERS & SANDWICHES

Organic Michigan Whopper \$9.99

1/4 lb. grilled Michigan grass-fed beef with melted cheddar cheese, lettuce, onion, pickles, mayo, & ketchup on a grilled wheat bun

Make it a Double: Add 1/4 lb Patty..... \$11.99

BEYOND MEAT

Vegan Burger \$9.99

1/4 lb. non-GMO plant-based burger topped with melted vegan cheddar, organic romaine, organic red onion, Veganise, organic ketchup, pickles, on an organic grilled wheat bun

The Michigan Melt \$9.99

Caramelized onion & cheese, Beyond Meat or Michigan grass-fed beef on sourdough bread

The Keto Burger.....\$10.99

Smart Bun, avocado, bacon & chipotle mayo, Beyond Meat or Michigan grass-fed beef



\$1 Toppings

Swiss, cheddar, blue, provolone or pepper jack cheese (dairy or vegan), fried egg, bacon, sautéed mushrooms, spinach, hummus, jalapeños, sweet potatoes fries

Better Fries..... \$3.49

Sweet potato fries or Oven fries



The Grilled Chicken Club \$9.99

ABF grilled seasoned chicken breast, chipotle mayonnaise, crispy nitrite-free bacon, lettuce, tomato on an artesian ciabatta roll

Turkey Reuben \$9.99

ABF sliced turkey, best ever coleslaw, russian sauce, swiss cheese on organic rye bread

Vegan Grilled Portobello Mushrooms and Vegetables \$9.99

Marinated portobellos, onion and peppers, plant-based provolone, balsamic black pepper veganaise on an artesian whole wheat roll

Roasted Vegan Vegetable Wrap...\$9.99

Seasoned roasted cauliflower, zucchini, yellow squash and onions, wheat wrap, vegan garlic aioli

DESIGN YOUR OWN MEAL DEAL



Choose from a variety of healthy, delicious entrees and sides
READY TO TAKE HOME, HEAT AND SERVE

PICK AN ENTREE AND 2 SIDES

ANY MEAT, CHICKEN OR VEGAN
ENTREE + 2 SIDES

\$12⁹⁹

- Chicken Patty
- Grilled Tofu
- Turkey Meatloaf
- Veg Lasagna

ANY SEAFOOD
ENTREE + 2 SIDES

\$14⁹⁹

- Lasagna
- Grass Fed Meat
- Chicken or Vegan Quesadilla's

- Salmon, Keto
- Blackened Salmon
- Salmon Patty

BETTER RAW JUICES



MADE FROM
100% ORGANIC VEGGIES

3 DAY JUICE CLEANSE KIT

Includes Four 16 oz. juices daily*

\$99⁹⁷ \$8.33 ea

That's less than \$34 a day

Breakfast: The Kickstarter

Lunch: The Miracle Cure

Dinner: Green Machine

Bedtime: The Refresher

100% COLD-PRESSED JUICES 16 oz \$9.49

Kickstarter*

Organic apple, organic ginger, organic lemon, organic cayenne pepper

Refresher*

Organic pineapple, organic cucumber, organic celery, organic ginger, organic lemon

Green Machine*

Organic celery, organic cucumber, organic green pepper, organic kale, organic parsley, organic spinach

Miracle Cure*

Organic apple, organic red beet, organic carrot, organic kale, organic lemon, ground turmeric



Carrot, Apple, Ginger
Organic carrot, red apple, green apple, lemon, ginger

ABC Juice
(Apple + Beet + Carrot)

NEW!

Beet Juice
90% beets + 10% apples

Welcome Back!

Rosemary Citrus Lemonade

Organic pineapples, organic oranges, organic lemons, organic rosemary, honey

• ORGANIC • GLUTEN-FREE • VEGAN
• DAIRY-FREE • SOY-FREE • LIGHT SODIUM

WHEATGRASS SHOTS



Detox with Wheat Grass & improve your overall health and immunity

1 oz: \$3.89
2 oz: \$6.89
3 oz: \$8.89

FRESH ORGANIC RAW JUICE

Design Your Own Raw Juice Blend!

For the Adventurous & Creative: Choose from carrots, apples, grapefruit, ginger, spinach, cucumber, lemon, beets, parsley, and celery. Pick as many as you'd like and we'll whip one up for you!

12 oz **\$8.79** 16 oz **\$9.99**

ENHANCED SMOOTHIES / AÇAÍ BOWLS & SMOOTHIES

MADE WITH ORGANIC FRUIT

ENHANCED SMOOTHIES

16 oz **\$14.99**



Awaken Smoothie: Almond Milk, Cold Brew Coffee, Coconut, Collagen, MCT oil, Mesquite, Maca, Cacao powder & nibs, dates, cinnamon, and toffee stevia.

Mint Chip Energizer: Almond Milk, probiotic greens blend, maca, lucuma, hemp seeds, mesquite, cacao nibs, peppermint, chocolate stevia

Strawberry Glow: Almond milk, coconut cream, dates, collagen, maple syrup, bananas, sea moss, hyaluronic acid, strawberries, avocado, vanilla stevia

Cobalt Coconut: Almond milk, coconut cream, banana, pineapple, avocado, vanilla stevia, blue spirulina, almond butter, vanilla collagen

AÇAÍ BOWLS

16 oz

Açaí Protein Bowl \$11.79

22g-28g protein. Açai & peanut butter topped with granola, almonds, cacao nibs, cashew, coconut & banana

Berry Berry Bowl \$9.29

Sambazon organic açai topped with granola, bananas, strawberries, blueberries & coconut

Chocolate Peanut Butter & Banana Bowl \$9.29

Sambazon organic açai, chocolate & peanut butter topped with granola & bananas

SMOOTHIES

12 oz **\$8.49**

16 oz **\$9.99**

Strawberry Banana Smoothie: Açai, apple juice, strawberries & banana

Supergreens Protein Mango Smoothie: 8G of Protein. Açai, apple juice, banana, mangos & supergreens protein powder

Berry Best: Strawberries, blueberries, raspberries, & apple juice

Elvis: Banana, peanut butter, carob, local honey & almond milk

MEAL REPLACEMENT

21 G Protein • Healthy Fat • Good Carbs

12 oz **\$9.99**

16 oz **\$10.99**

Almond Joyful: Almond milk, banana, almond butter, Navitas hemp powder, & organic plant protein

PB & J: Blueberries, strawberries, raspberries, peanut butter, organic plant protein, rolled oats, & almond milk